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Behaviours of Peak Performance (DISC)

About HINSW

At The Hospitality Institute of NSW we Aim HIGH in delivering quality education..... that inspires excellence. The Hospitality Institute of NSW was created to bring Leadership & Management, and Hospitality learning excellence to Sydney's North West

If you want to empower your career, your teams and your organisation, then you owe it to yourself to look over our course offerings and facilities. At the Hospitality Institute of NSW we Aim HIGH to deliver a leadership and development program that is built with your professional growth and business performance in mind. Giving you access to our expert team of trainers wealth of knowledge and leadership experience, the leadership development program is guaranteed to get you out of your comfort zone..... because that's where MAGIC happens!

The Hospitality Institute of NSW encourages students of all levels to learn as part of a thriving community and develop the skills they need to advance in their careers. We are 100% committed to delivering a first class learning experience, which is evidenced in our state-of-the-art facilities and expert team of trainers. The future of leading edge training starts now, and it's on your doorstep.

Aim HIGH!



Course Outline

The Behaviour of Peak Performance (DISC) Program includes:

- 23-page highly personalised report
- Identification of your leadership style
- Context-specific feedback
- Strategies for improving leadership effectiveness

Using the power of the Personalised DiSC Profile this interactive workshop offers leaders a journey of discovery of their management style while learning how to adapt your style to manage, motivate and delegate more effectively.

- Understand yourself and what drives your behaviours in a management context
- Learn how to create more effective relationships
- Learn how to effectively direct, delegate and motivate employees

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Course Details

Is there one person at work who you just don't get? Or someone who approaches things so differently from you that you struggle to relate to them?

If this sounds familiar, you're not alone. We all have team members who we find hard to communicate with, or work alongside. And yet, for the sake of our teams and organisations, we need to make these relationships work. The good news is there are ways of doing this. A good starting point is to understand more about your own personality, and that of the other person.

Personality has been studied for centuries, and this research has led to various ways of categorising behavioral styles. When you understand some of these, you will get to know what makes others "tick," and learn how to get the most from your team members in a way that benefits them as well as the organisation.

Key to running a high-performance team is building the team's internal communication and fostering an understanding and supportive environment. To do this at the optimal level it is essential that team members know the styles and needs of themselves and their colleagues.

DiSC® uses psychometric evaluation that assesses individual behavioural styles, needs and priorities to allow you to assess and adapt in the real world. On mastering DISC you can expect to improve team performance and cohesion, saving time while increasing energy and engagement and reducing conflict.

DISC is research-based and is used by millions globally each year to improve team performance.

DiSC is an acronym for;

Dominance (D)

Influence (i)

Steadiness (S)

Conscientiousness (C)

By taking an evaluation we find our place on the spectrum, and we can reliably place others as well, increasing our understanding and adapting to their differences.

This is highly relevant for you as an individual contributor, team member, manager, leader or salesperson.

The skills you will learn on this course are immediately applicable personal development skills that allow you to build better relationships that lead to better workplaces and increased productivity.



Who This Course Is For

- Emerging Leaders
- Team Leaders
- Supervisors
- Managers

